

## Appendix 1

### Health & Wellbeing Community Hubs; Homelessness Support; and Co-Investment Programme in Ore, Hollington and Sidley

#### 1. Health and Wellbeing Community Hubs in Hastings and Bexhill Grants Fund

- 1.1 A health and wellbeing community hub incorporates services that help individuals and communities improve their health and wellbeing and manage their health. In 2016, many local people and partner organisations contributed to proposals to develop health and wellbeing centres (community hubs) in the most deprived communities of Hastings and Bexhill.
- 1.2 The findings were used to inform the Health and Wellbeing Community Hubs Grants Fund that was co-produced by the HHR team, the local voluntary and community sector, Hastings Borough Council, Rother District Council and East Sussex County Council (ESCC). During its three-year implementation period 2017/18 to 2019/20 the Grant Fund will:
  - Establish health and wellbeing community hubs in the six communities of North East Hastings, North West Hastings, Central St Leonards, Hastings Town Centre, Central Bexhill and Sidley.
  - Secure and sustain the capacity and capabilities of existing community hubs and organisations to deliver health and wellbeing services.
  - Enable individuals and communities to gain more control over their health and wellbeing.
- 1.3 The Grant Fund's two stage application process was launched in January 2017. Applications were invited from local voluntary and community sector organisations to support the costs of:
  - Infrastructure and systems management – for example enhancing the effectiveness of policies, processes, data and information collection and information technology.
  - Leadership development - for example developing high quality leadership and governance to improve the quality of services.
  - Staff and volunteer training – for example embedding effective practices to recruit and support staff and volunteers.
  - Financial planning and income generation – for example identifying and accessing a variety of sources and types of income.
  - Small items of equipment and / or small scale refurbishment with a value up to 10% of the total grant.
  - Actively contributing to a network of community hubs that will design and develop health and wellbeing services.
  - Collaborative working and innovation.
- 1.4 As part of Phase 1 of the programme, HBC made awards in October 2017 to local voluntary and community sector organisations to establish four Health and Wellbeing Community Hubs in North East Hastings, North West Hastings, Central St Leonards, Central Bexhill and Sidley.
- 1.5 In Quarter 3 2017/18, the Equality Impact Assessment (EIA) for Phase 1 will be updated and work will continue with the CCG to scope opportunities to establish two additional Hubs in Hastings Town Centre and Central St Leonards. The EIA's

findings will inform Phase 2 with a Phase 2 business case to be developed and reviewed for approval by the CCG in Quarter 4 2017/18.

## **2. Homelessness Support**

- 2.1 The HHR programme originally included an allocation of £300k for HBC to lead a Homelessness Support – Hospital Discharge project. However, since then, discussion between HBC, CCG, ESCC, East Sussex Healthcare NHS Trust and other partners has resulted in a wider project scope embracing the ‘pathway’ for homeless people being admitted to and discharged from hospital. An assessment of the current care, management and discharge of homeless people attending the Conquest Hospital carried out in early 2017 highlighted the need to better identify people who are homeless, rough sleeping or insecurely housed when admitted to hospital and to ensure they are systematically discharged safely and appropriately, making links with support services where necessary.
- 2.2 Following feasibility work over the summer 2017 to establish the project, HBC and CCG colleagues have concluded that the proposed Homelessness Support – Hospital Pathway service would be better commissioned directly by the CCG. Since 2015 the CCG has funded HBC to support delivery of a Street Community Health and Wellbeing hub project at Seaview Projects in Central St Leonards, which is funded until March 2018. The work of the Hub and other work across Sussex, led by HBC to prevent rough sleeping funded by the Department for Communities and Local Government (DCLG), has helped inform the scope of the service. The intention is that the proposed Hospital Pathway service will enhance the Hub’s service model.
- 2.3 The proposed service will have three interdependent strands:
- A Multi-Disciplinary Team.
  - A Specialist Nursing Service.
  - Leadership and Co-ordination – a Street Community Co-ordinator post.

### Multi-Disciplinary Team (MDT) & Specialist Nursing Service

- 2.4 In delivering these services, the aim is to adopt agreed definitions of service users to ensure that the MDT service and the Specialist Nursing Service will work with the same cohort in all the proposed settings: in the community for example at Seaview and other appropriate venues, on the streets and at the Conquest Hospital. The CCG is seeking views in October and November 2017 from wider stakeholders on these proposals by means of a market testing exercise. This aims to elicit from the market, information and expertise which will inform the development of any service specifications; it should also provide the market with the confidence that it has been consulted as fully as possible.
- 2.5 Following completion of the market testing exercise, the procurement process is due to start in early January 2018, with contracts awarded in April 2018. This will be followed by a mobilisation period leading to the launch of services in August 2018. The outcomes of the market testing exercise will determine, therefore, if investment is required for April 2018 onwards for the Street Community Health and Wellbeing hub project at Seaview.
- 2.6 The total combined cost of the Multi-Disciplinary Team and the Specialist Nursing Service is estimated at £300k for an initial contract period of two years. If the services prove to be successful there will be an option to extend them for a further two years with a similar level of investment.

## Leadership and Co-ordination – Street Community Co-ordinator post

- 2.7 The proposal for a jointly-funded Street Community Co-ordinator post is being considered by key stakeholders who are members of the Safer Hastings and Rother partnership. The proposal is currently under discussion with partners at HBC's Health and Community Safety in Public Areas group.

### **3. Co-investment programme with Optivo and Orbit housing associations in Ore, Hollington and Sidley**

- 3.1 This new initiative is specifically targeted at reducing health inequalities affecting people living in housing association properties. Individuals living in housing association homes tend to have worse health outcomes including lower life expectancy and higher rates of illness, disability and long term conditions compared with other communities in Hastings and Rother. A large proportion of the housing in the communities of Ore, Hollington and Sidley is owned and managed by Optivo and Orbit housing associations, which have a total population in the three communities of 5700 people.

- 3.2 Housing associations are well placed to provide a wide range of services that produce health benefits and thus can both reduce demand on the NHS and create social value. Optivo and Orbit are therefore in a strong position to contribute to the aims of the CCG's Healthy Hastings and Rother programme, because they are in touch with children, families, older people and disabled people. The CCG has developed the co-investment programme with the housing associations, HBC and other partners, in order to strengthen the capacity and capability of the three communities to reduce the impact of health inequalities. The programme also contributes to the wider policy objectives of HBC and East Sussex County Council in relation to anti-poverty, promoting equalities and community cohesiveness, and addressing community safety issues.

- 3.3 The programme will run from Autumn 2017 to March 2020 and will focus on the following six activities:

1. Targeted support for young disadvantaged people aged 10 to 16 years old and their families. This will include personal development programmes, behaviour change support and delivery of healthy lifestyle programmes.
2. Targeted support for adults on low incomes and/or living with long term conditions. This will include personal development programmes, life skills training, behaviour change support and delivery of healthy lifestyle programmes.
3. Client facing Optivo, Orbit, HBC, HVA, RDC, RVA and staff to participate in Making Every Contact Count training and other health related awareness and behaviour change training.
4. Optivo, Orbit, HBC, HVA, RDC, RVA and senior managers to participate in health inequalities training including developing community asset based approaches.
5. CCG, Optivo and other partners to scope and pilot a shared approach to profiling, health creation outcomes and tracking client impact.
6. Evaluation of the programme to determine its impact.

Activities 1 and 2 will be delivered in a partnership by HBC and Optivo. The CCG will commission Activities 3, 4, 5 and 6.

3.4 The total cost of Activities 1 and 2 is £221,250 and the agreed annual budgets are:

2017/18 = £50,250

2018/19 = £85,500

2019/20 = £85,500